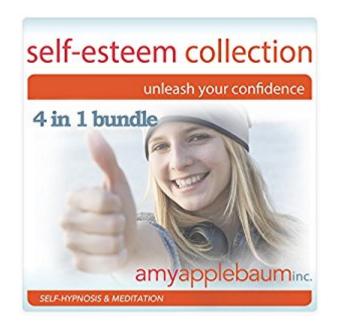


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# The Self Esteem Collection: Unleash Your Confidence - 4 In 1 Bundle





#### Synopsis

Live a life of confidence and power. Put the past in the past, embrace your future, and start building positive self-beliefs and self-esteem. This hypnosis program from world-renowned life coach and hypnotherapist Amy Applebaum helps you develop the positive thinking and empowering self-beliefs that will encourage and motivate you, and leave you feeling confident and strong. This bundle of hypnosis programs has been specifically designed to help you build beliefs for confidence and self-esteem. Boost that self-confidence today!

### **Book Information**

Audible Audio Edition Listening Length: 5 hoursà andà Â 49 minutes Program Type: Audiobook Version: Unabridged Publisher: Hypnosis, Meditation and Coaching Group, LLC Audible.com Release Date: December 21, 2015 Language: English ASIN: B019ND3KTM Best Sellers Rank: #297 inà Books > Self-Help > Hypnosis #4146 inà Â Books > Audible Audiobooks > Health, Mind & Body > Self-Help #6431 inà Â Books > Self-Help > Motivational

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